**“W”: track X track / Allison Daniels**

**Burn Me Down** *This empowerment song resonates with me personally because I've always felt a bit different, like many others who've faced discrimination. The idea was inspired by the persecution of witches who were burned at the stake, serving as a powerful reminder of resilience in the face of historical injustices.*

**The Way You Are** *This song deeply resonates with me, reflecting my own experiences of feeling out of place in society, both in the past and sometimes still today. As I've grown older, I've come to appreciate the beauty in being different, realizing that our uniqueness adds value and makes us special in a positive way. It's a reminder to embrace our individuality and to be proud of who we are, despite the challenges of societal norms.*

**You Can’t Buy Me** *This song reflects my frustration with societal emphasis on material possessions and wealth. It communicates my belief that true value lies in authenticity and genuine connection rather than in materialistic pursuits. Through these lyrics, I assert my worth cannot be bought with money or material goods.*

**Who, What, Where, When, Why** *During my first writing session in Vancouver with Ryan Stewart and Tavish Crowe, I wrote this song after a dream where my boyfriend cheated. Music is my solace and even though it was just a dream, the emotions were intense. I hope this song offers comfort to people, much like the way my music helps me navigate my own emotions.*

**Dancing With Myself** *This nostalgic song reflects on the loss of a loved one, conveying the poignant message that life will never be the same after their passing. Writing songs serves as a therapeutic outlet for me, particularly in managing anxiety, which was the inspiration behind this piece. Fear of losing my loved one has been a constant in my life, as they hold a significant place in my heart, and imagining life without them is difficult.*

**Pretty** *This song is all about female empowerment and breaking free from the pressure to fit society's expectations of beauty, especially those imposed by men. When I was younger, I used to worry a lot about how people, especially men, perceived me. But as I've grown older, I've realized the importance of being true to myself and rejecting these stereotypes. This song celebrates individuality and courage in going against traditional gender roles.*

**Liar Liar** *This song is an extension of 'Who What Where When Why,' where she realizes that she's better off without him. So yes, it's a heartbreaking song, but it's also an empowerment anthem because she knows she's strong and will thrive without him. I wrote this song as another form of therapy for people after they've shed their tears.*

**Love Was Our Biggest Mistake** *This song holds great significance for me because it challenged my usual style, portraying vulnerability rather than strength. Encouraged by my team to embrace this new direction, I sang it in the studio for the first time and was deeply moved by its emotional depth, almost bringing me to tears with its cinematic storytelling.*

**Tiny Violin** *I was keen to include a Celtic-inspired song on my album, as it resonates deeply with my personality. I vividly recall the morning of our writing session, where we all shared the same vision for a country Celtic track, as if it were meant to be. It felt like destiny guided us towards crafting this particular song.*

**We Both Know** *“We Both Know” is a heartfelt song inspired by my own love story, capturing the unique moments of a relationship that began in our youth. At first sight, the only thing we knew about our relationship is that we had never felt this way before.*

**Woman** *"Woman" is the most empowering song on my album, capturing my feelings and reflections as a woman in a male-dominated society. It's notable that I collaborated with men like Ryan Stewart and Tavish Crowe on this track and my album, showing that there are men who grasp and support the challenges faced by women.*

**All Night Long** *It's an uplifting song that celebrates the idea of taking a day off and letting loose for a weekend. Originally, it started as a personal reminder for myself, as I often feel guilty about taking time off. However, I've realized that many others are in the same mental space, and this song serves as a reminder that it's okay to prioritize self-care.*